

Welcome to Rainbows Reach Retreat.

We are a very small minimalist retreat. We run solely on SOLAR and generator power and have only rain water tanks as our water supply. This power system copes well with the use of regular items such as the fridge, water pump (for all running water), lights, stereo's etc.

The power use is therefore limited to only appliances provided, the use of electric heaters, fans, kettles, toasters & hairdryers is NOT allowed as they would drain the power in the storage batteries within a few hours, disabling the power system. Phone chargers & electric toothbrush OK. BYO bed linen set and towels preferred ... (hire a set for \$10) Blankets, doona's & pillows provided.

It is appreciated that you try to keep your showers as brief as possible and be aware of all your water usage. Turn off lights when not required. Use candles in main lounge or barn with care, never leave unattended. **Never take candles into bedrooms & NO SMOKING anywhere inside.**

To maintain this retreat as an inexpensive venue, we ask that all guests :

- leave their accommodation area and beds as they found them, neatly made and tidy.**
 - tidy living areas, kitchen and bathrooms, all floors swept and bathrooms mopped**
 - all bins from cabin & barn emptied into wheelie bins.**
 - barn vacuumed (if necessary)**
- this ensures that the staff required to maintain the lodge remains at just one "Gillian" & your bond is returned.**

The aim of our retreat is to introduce our guests to a new, more aware way of living, understanding the effect they have on the planet in everything they do and use. More clearly recognizing the consequences of each action they choose. Reducing their use of power & water while living more simply.

We try to make it as "homely" as possible and endeavor to provide all we can, we ask that you treat our home as you would your own home.

If there is anything you require during your stay, please don't hesitate to ask.

.....Gillian & Barry.....

Rainbows Reach Retreat Rates.

Deposit/bond of \$100 / each day booked is to be paid to secure a booking, nonrefundable if booking cancelled less than 8 weeks from date. (Deposit may be transferable) Deposit/bond is refunded after your stay if retreat left clean & undamaged, please do not deduct from your full payment. If retreat is left very untidy a minimum \$50 cleaning fee is deducted, any damage costs will also be deducted from bond.

Full payment for your stay is to be made on arrival IN CASH or before arrival if paying by cheque or net deposit.

At least 50% of total catering cost is to be paid 1 week before your stay, the balance as indicated above.

(Greater Bdg Sty ...Net Bank details: B.R Vaughan BSB: **637000** Account # : **715098202**)

Accommodation Rates. (BYO catering)

There is a 6 guest, 2 day minimum rental @ \$80/head

Minimum of 2 day/night stay (eg: weekend)\$80.00 per head
(Same rate even if not choosing to stay the 2 nights)

Arrival after 4pm Fri and departure by 4pm Sunday approx.

If starting before 2pm on the Friday, it would be an extra \$30 per head.
Facilitators only, are welcome to come early on Friday to set up and prepare at no charge.

For a 3 day/night stay it is \$120 per head
If booking more than 3 day/night then each extra weekday after the first 3 (\$120) is charged \$30.00 per head. (all weekend days are set at \$40 per person rate)

Children aged from 4 years to 12 years are half price (under 4 years are free) these charges only apply after the 6 adult guest minimum is met.

BYO linen (sheets and towels).. Blankets and pillows provided. (Linen hire \$10)

Catering Rates.

All meals quoted are based on VEGETARIAN cuisine. From \$40/hd/day
(some meat may be included on prior request +\$)

One days meals cover: 1x breakfast (self serve) cereal, toast, fruit.

1 x cooked lunch & salad

1 x cooked dinner & salad

Plus herbal teas, coffee & tea. Biscuits and crackers.

Guests are to serve themselves and wash up there own dirty dishes.
For the average 2 day/night stay, meals would be from Friday dinner through to Sunday lunch. This would cost a total of \$80.00 per head.

Add these rates to your accommodation rates for your total cost.

Rainbows Reach provides the following when catering:

Diary & soy milk plus dairy yogurt, diary cheese and a diary base butter/olive blend spread.

Cereals such as Special K , Vita Brits, Muesli, oats for porridge .
Normal wheat bread ... brown & multi-grain...
Honey, jam, marmalade, peanut butter and Vegemite.
A selection of fresh fruit.

I let guests make their own breakfast to suit their liking and time.

There will be rice crackers water crackers for snacks plus hummus or bean dip. Also cookies. **(BYO extra snacks)**

I provide black tea, green tea and a mix of herbal teas & normal instant coffee. (BYO special needs)

All the meals are simple & delicious vegetarian (some meat can be included by prior request if it suits all guests at extra cost), nourishing & home cooked with natural spices, no added sugar, little salt & no known preservatives added.

I provide a cooked main meal & often salad for both lunch and dinner.
A dessert can be offered for a Saturday night treat. (dessert every 2nd night)
(Facilitators may have input on menu provided prior to stay)

If a recipe needs stock, I use Massel Vegetable “salt reduced” Ultra cubes. Gluten free ingredients can be offered by “special request”, whenever able.

Salads are served with dressing on the side.

If guests require special foods or extra supplies beyond these, they will need to BYO.

The food is portion controlled to suit the number of guests to ensure all are well catered for within the catering budget, I always provide more supplies of food than are needed which gives everyone a greater variety of choice in the cooked meals & things such as cereals, snacks & packet goods. As such any food, candles or cabin supplies left-over, are to remain at the retreat as we use them for future guests or in the main house.

If special needs are required beyond this, then please contact me and we can negotiate the cost of providing further or specialty supplies.

“Rainbows Reach Retreat”

Bedroom Layout

Starting from the first bedroom at the front door of the lodge.

Room 1:

Bunk Double bed Single bed

Room 2:

Single bunk – Top..... Bottom.....

Single bunk – Top.....Bottom.....

Single bunk – Top.....Bottom.....

Single bunk – Top..... Bottom.....

Single bunk – Top..... Bottom.....

Room 3:

Bunk: Double bedSingle bed

Room 4:

Single bunk – Top..... Bottom.....

Single bunk – Top..... Bottom.....

Single bunk – Top..... Bottom.....

Room 5: Pink room

Small Double bed -Queen bed

Room 6: Purple room

Double bed -

Room 7: Green room

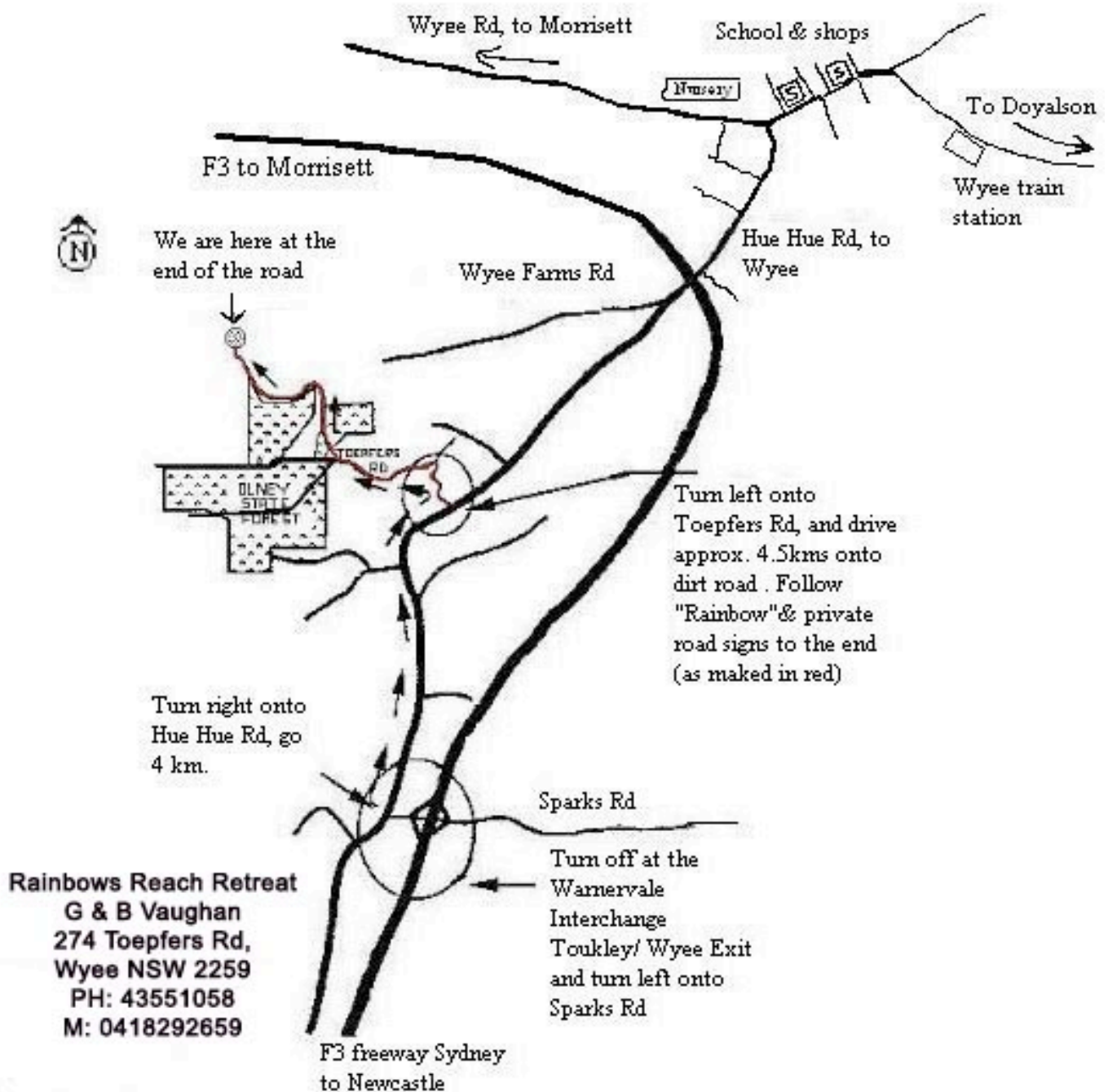
Queen bed -

Room 8: Blue room

Queen bed -

Room 9: Red room

Queen bed -



Take the Toukley/Wyee EXIT, left onto Sparks Rd, drive to end then right onto Hue Hue Rd. Drive on for 4km and take 2nd left Toepfers Rd. Follow road onto dirt for 4.5kms following RAINBOW & PRIVATE RD signs all the way to the end. If coming from the north on F3, you take the Mandalong exit turn left off exit ramp then right at 2nd roundabout to Wyee/Doyalson. At Wyee turn right onto Hue Hue Rd, after freeway overpass bridge take 3rd turn on right Toepfers Rd, follow road 4.5kms to end.